

TALK ON ERGONOMICS AWARENESS

(Organised by Electrical Engineering, Technical Division, IEM)

Date : 4th August 2018 (Saturday)
Time : 9.00am – 11.00am (*Refreshments will be served at 8.30am*)
Venue : Malakoff Auditorium, Ground Floor, Wisma IEM, Petaling Jaya
Speaker : Ir. Shamila Ariaratnam and Mr. Sri Sasitharan

SYNOPSIS

Members will obtain a basic understanding of ergonomics and suitable ergonomic solutions to reduce and prevent Work-Related Musculoskeletal Disorders (WMSDs). The types, symptoms and impacts of WMSDs, hence the importance of early reporting of symptoms. The risk factors and suitable measures to reduce it by suitable ergonomic solutions will also be highlighted.

SPEAKERS' BIODATA

Ir. Shamila Ariaratnam graduated from Universiti Putra Malaysia (UPM) with a Bachelor's Degree (Hons) in Electrical/Electronic Engineering in 2000 and completed her Masters of Business Administration from University of Strathclyde in 2008. She started her career with TriSystems Engineering Sdn Bhd in February 2001, as an Engineer spending two (2) years in software programming for the fire and gas as well as shutdown systems for offshore and on-shore platforms. As an engineer, she was also instrumental in establishing Functional Design specifications, Software Design specifications, Factory Acceptance Test (FAT) procedures and participating in FATs for various projects. In April 2007, Shamila joined Subang Jaya Medical Centre (SJMC) Sdn Bhd as a Quality Executive. SJMC was rebranded to Sime Darby Medical Centre Subang Jaya in October 2009. Beginning July 2014, following an alliance with Ramsay Healthcare, it is now known as Ramsay Sime Darby Healthcare Sdn Bhd (RSDH). She has risen from the ranks of an Engineer to her present position as Manager of the Biomedical Engineering Department (BME) of RSD Hospitals – Subang Jaya Medical Centre. She is registered with Board of Engineers Malaysia as a Professional Engineer and is a corporate member of The Institution of Engineers, Malaysia

Mr. Sri Sasitharan is a Physiotherapist at Prince Court Medical Centre (PCMC) and a certified Personal Trainer by American Council of Exercise (ACE). He has been invited before to give talk on 'Physiotherapy in Tendinitis' at the 13th Annual Scientific Meeting 2017 organised by Malaysian Society for Surgery of the Hand (MSSH), as well as on 'Office Ergonomics' at PETRONAS.

Ir. Chong Chew Fan
Chairman
Electrical Engineering Technical Division

BEM Approved CPD/PDP Hours: 2
Ref. No. : IEM18/HQ/276/T

FEE ANNOUNCEMENT

(Effective: 1st October 2017)

Members:

- (i) Registration Fee: No Charge
(ii) Administrative Fee:
(a) Online RM15
(b) Walk-In RM20

Non-Members:

- (i) Registration Fee: RM50
(ii) Administrative Fee: RM20

- Limited seats are available on a "first come first served" basis (maximum 100 participants).
- To secure your seat, kindly register online at www.myiem.org.my

Personal Data Protection Act:

I have read and understood IEM's Personal Data Protection Notice published on IEM's website at www.myiem.org.my and I agree to IEM's use and processing of my personal data.

CPD Hours Validation:

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Membership No.:

Signature: